

English



Integration durch Wissen -
Chancengleichheit fördern

Informationen für die Teilnehmenden



**Dear women,
dear men,**

the project „Integration durch Wissen - Chancengleichheit fördern“ supports people who do not come from a European country. If you have a residence permit of at least 12 months, we invite you to participate in our workshops.

You have questions - we answer them! The aim of the project is to support you in your new home in all areas of life. There is a lot to learn and that is exactly where we would like to accompany you in very small groups. Whenever it's possible we try to form homogeneous groups (e.g. women's class, youth course, . . .) with about 5-8 participants. Our offer includes three workshop series with learning units on these topics:

Workshop 1: Learning correctly

- » Reflection on your own learning biography
- » Learning techniques » Time management
- » Concentration exercises » Learning location
- » Self-organisation

Workshop 2: Paving the way for more knowledge

- » Language » School
- » Employment » Insurance
- » Housing » Health
- » Finance » Mobility
- » Participation » Non-verbal communication

Workshop 3: Initial orientation/pre-information on taking up employment in Germany

- » Training » Labour market
- » Employees » Employers
- » Rights and obligations » Conflicts at work

The workshops are free of charge for you. It is possible to offer childcare for the time of the classes, interpreters in your heritage language and reimbursement of your travel expenses. If you are interested in one of these or all workshops mentioned, please contact us.

We are looking forward to seeing you!

Contact:

Akademie der Nationen
Landwehrstr. 66, 80336 München
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Tel: 089 55 169 869 (Montag 9:00 Uhr bis 11:00 Uhr und 14:00 Uhr bis 16:00 Uhr)

Tel: 089 55 169 847 (Dienstag bis Donnerstag 10:00 Uhr bis 16:00 Uhr)

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